



Habitat
for Humanity®
of San Antonio


Good health guidelines

Thank you for volunteering with Habitat for Humanity of San Antonio! Your health and safety are important to us, and we want to ensure you have a safe and enjoyable build experience. In addition to the construction safety information you will receive on the build site, we want you to be aware of the basic protective measures you can take related to the COVID-19 (coronavirus) outbreak. The World Health Organization (who.int) offers the following guidelines:



STAY HOME
if you feel unwell.

COVER YOUR MOUTH AND NOSE with your bent elbow or tissue **WHEN YOU COUGH OR SNEEZE.**



WASH YOUR HANDS frequently **OR** use alcohol-based (at least 60%) **HAND SANITIZER.**



AVOID HUGS AND HANDSHAKES. Use alternative ways of greeting people.



Avoid touching your **EYES, NOSE AND MOUTH.**



SEEK MEDICAL CARE early if you have **A FEVER, A COUGH AND DIFFICULTY BREATHING.**



Follow advice given by your health care provider on how to **PROTECT YOURSELF** and others from COVID-19.



We look forward to seeing you on the build site as we help our future homeowners achieve the stability they need to build a better life for themselves and their family.

Thank you for donating your time to us!